

Medications

that May be Associated with a Risk of Falls.



This list contains medications that are associated with – or have side effects associated with – a risk of falls. It also identifies medications that are potentially inappropriate for older adults who are already at risk of falls.

A	dimenhydrINATE	levETIRAcetam	quiNIDine
acebutolol	diphenhydrAMINE (oral only)	levodopa	R
alfuzosin	dipyridamole	levomilnacipran	ramipril
ALPRAZolam	disopyramide	loperamide	raNITIdine
aMLLoride	divalproex	LORazepam	risperIDONE
amiodarone	donepezil	losartan	rivastigmine
amitriptyline	doxazosin	loxapine	S
amLODIPine	doxepin (>6mg)	lurasidone	scopolamine
ARIPiprazole	doxylamine	M	sertraline
asenapine	dronedarone	mepерidine	silodosin
atenolol	DULoxetine	methocarbamol	solifenacin
atropine (excludes ophth)	E	methotrimeprazine	sotalol
azilsartan	enalapril	methyl dopa	spironolactone (>25mg/d)
B	eplerenone	metoclopramide	T
baclofen	eprosartan	metOLazone	tamsulosin
belladonna alkaloid	escitalopram	metoprolol	telmisartan
benazepril	ethacrynic acid	mexiletine	temazepam
benztropine	ethosuximide	mirtazapine	terazosin
betahistine	F	moclobemide	tiZANidine
bisoprolol	famotidine	morphine	tolterodine
brexpiprazole	felodipine	N	topiramate
brompheniramine	fentaNYL	nadolol	traMADol
bumetanide	fesoterodine	NIFEdipine	trandolapril
buPROPion	flecainide	nitroglycerin	tranylcypromine
busPIRone	FLUoxetine	nortriptyline	traZODone
butalbital	flupentixol	O	triazolam
C	fluPHENAZine	OLANZapine	trifluoperazine
candesartan	flurazepam	olmesartan	trihexyphenidyl
captopril	fluvoxAMINE	orphenadrine	triprolidine
carBAMazepine	fosinopril	oxazepam	tropium
carvedilol	furosemide	OXcarbazepine	V
chloral hydrate	G	oxybutynin	valproic acid
chlordiazepOXIDE	gabapentin	oxyCODONE	valsartan +/- sacubitril
chlorpheniramine	galantamine	P	venlafaxine
chlorproMAZINE	glimepiride	paliperidone	verapamil
chlorproPAMIDE	glyBURIDE	PARoxetine	vigabatrin
chlorthalidone	guanFACINE	pentazocine	vilazodone
cilazapril	H	periciazine	vortioxetine
citalopram	haloperidol	perindopril	Z
clomipRAMINE	hydrALAZINE	phenelzine	ziprasidone
clonazepam	hydroCHLOROthiazide	PHENobarbital	zolpidem
clonIDine	HYDROmorphone	phenytoin	zopiclone
clorazepate	hydrOXYzine	pimozide	zuclopenthixol
cloZAPine	hyoscine	pindolol	
codeine	HYDROcodone	prazosin	
cyclobenzaprine	I	pregabalin	
cyproheptadine	imipramine	procaïnamide	
D	indapamide	prochlorperazine	
darifenacin	indomethacin	promethazine	
desipramine	insulin	propafenone	
desvenlafaxine	irbesartan	propranolol	
diazepam	isosorbide di/mono-nitrate	pyrilamine	
dicyclomine	L	Q	
digoxin	labetalol	QUETiapine	
diltIAZem	lamoTRigine	quinapril	

The list is not exhaustive. Clinical decisions should not be made based on this list alone as it may not apply to all situations.



Antidepressants

Can lead to:

- Dizziness or drowsiness
- Orthostatic hypotension
- Visual and psychomotor impairment



Antipsychotics

Can lead to:

- Drowsiness or lethargy
- Confusion
- Balance/gait disturbance



Opioids

Can lead to:

- Drowsiness
- Confusion
- Cognitive dysfunction



Anticholinergics

Can lead to:

- Blurred vision
- Cognitive impairment
- Drowsiness



Insulin

Hypoglycemia

can lead to:

- Dizziness
- Confusion, disorientation
- Weakness



Cardiovascular

Can lead to:

- Orthostatic hypotension
- Syncope/dizziness
- Confusion, cognitive impairment
- Nocturia with diuretics



Sedatives

Can lead to:

- Drowsiness
- Confusion, cognitive impairment
- Impaired balance